

# GRAB & GO FOOD EXPRESS CANTEEN MENU



## SANDWICHES

Turkey & Cranberry	\$3.00
Chicken	\$3.00
Ham	\$3.00
Avocado	\$3.00
Vegemite	\$2.50
Add Salad	\$1.50
tomato, lettuce, cucumber carrot & cheese	50c each
Gluten Free bread	\$1.00

## WRAPS

Ham	\$5.00
Chicken	\$5.00
Turkey	\$5.00
Includes lettuce, cheese, carrot & mayo	

## SALAD PACKS

Ham	\$5.50
Chicken	\$5.50
Turkey	\$5.50
Includes lettuce, cheese, carrot, tomato, cucumber & salad dressing.	
Chicken Caesar Salad	\$6.00
Greek Style Salad with lettuce, tomato, cucumber, roasted capsicum, feta & olives	\$5.50

## SNACKS

Yoghurt	\$2.50
Muffins	\$2.50
Fresh Fruit in a cup	\$2.50
Popcorn	\$2.00
Chocolate custard	\$3.00
Lime cheese cake	\$3.00



## HOT FOODS

Chicken Yiros with lettuce, cheese & tomato.	\$6.50
Grilled chicken burger with lettuce, tomato & cheese.	\$6.50
Freshly Crumbed fish burger with tartare, lettuce & tomato.	\$6.50
Handmade burger, with cheese & sauce.	\$6.50
Bolognese with pasta packed with hidden vegetables	\$6.50
Lasagne Chicken	\$6.50
Nuggets	\$0.80
Baked Potato with Bolognese sauce	\$6.50
Ham & Cheese Croissant	\$4.00
Hot Dog	\$5.00
Gluten Free Burger Bun	\$1.00

## PASTRIES

Meat Pie	\$5.00
Junior Pie	\$3.50
Sausage Roll	\$5.00
Pasty	\$5.00
Quiche	\$5.00
Gluten Free Pie	\$6.00
Tomato sauce	20c
BBQ sauce	40c

## DRINKS

Water	\$2.00
Nippys Flavoured Milks, Chocolate, Strawberry & Honeycomb	\$3.00
Polys Fruit Juices - Apple, Orange & Apple/ Blackcurrant	\$2.20

## MEAL DEALS

Sandwich, juice and piece of fruit	\$5.50
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\*Prices subject to change